

**Sticky
Fingers**
CAFE

-Menu-

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ALL DAY MENU

Our kitchen closes at 2:30pm. Please order at the counter. Thank you.

*Food Allergen Customer Notice

Please be advised that our food is prepared in the environment where it is impossible to guarantee a 100 percent allergen free meals. Please speak to our staff about the ingredients in your meal and for any special dietary requirements when making your order. Thank you.

**We use Free Range eggs, chicken and bacon 😊

The Bigger the Better (GFA, DFA)	23
FR eggs any style, FR bacon, chorizo sausage, mushrooms, grilled tomato, baked beans, homemade GF hash cake, ciabatta toast	
Vegetarian Delight (V, GFA, DFA)	22.5
homemade GF hash cake, FR eggs any style, grilled halloumi, beetroot, avocado, creamy mushrooms, multigrain toast	
Eggs on Toast (GFA, V)	13.5
any style FR eggs, homemade GF hash cake, ciabatta OR multigrain toast (add FR bacon +\$6)	
Bagel	
- w preserves (V)	9
- w FR bacon, avocado, tomato, homemade salsa	16.5
- w house-smoked salmon, lemon, tomato, pesto, cream cheese	17.5
Porridge (V, Vegan-option, DFA)	13
oats porridge, raw honey, jam, side of cream, apples	
Smoothie Bowl (V, GF, DF)	17
w homemade GF granola & fresh seasonal fruit Acai / Bye-Bye Belly Berry / Energy Boost	
French Toast Bacon (DFA, GFA)	18
w FR bacon, caramelized banana, cinnamon, maple syrup, whipped cream, berry coulis	
Sticky Fingers Eggs Benedict (GF)	
two homemade GF potato hash cakes, two poached FR eggs, spinach, hollandaise & your choice of:	
- creamy mushrooms (V)	19.5
- FR bacon	20.5
- house-smoked salmon	22
Sticky Fingers Creamy Mushrooms (V, GFA, Vegan-option, DFA)	19.5
w multigrain toast, roasted courgette, poached FR egg, greens, homemade salsa	
Turmeric Zucchini Corn Fritters (GF, DF, VA, Low Carbs)	21.5
w FR bacon OR house-smoked salmon, greens, homemade aioli, roasted tomato	
Avocado on Toast (V, GFA, DF, Vegan-option)	19.5
w multigrain toast, roasted courgette, greens, poached FR egg, homemade salsa	
Sticky Fingers Omelette (GFA, DFA)	
(w homemade salsa, spinach & toasted ciabatta)	
- w cheese & mushrooms (V)	19
- w FR bacon, Parmesan	20
- w house-smoked salmon, cheese	22

ALL DAY MENU

Soup of the Day w toasted ciabatta	15
Chicken Salad w Crispy Noodles (GFA, Low carbs Option) w FR chicken, tomato, red onion, homemade peanut dressing	19.5
Pasta	
- w creamy mushrooms, baby spinach, cheese (V) - (add FR chicken +\$5.5)	16.5
- w prawns & chorizo sausage, Parmesan, baby spinach	19.5
Ultimate Mince & Egg on Toast (GFA) w seasonal herbs & spices, spinach, Parmesan, multigrain toast	19.5
B.L.A.T. (DF, GFA) w FR bacon, lettuce, tomato, red onion, avocado, side of chips w homemade aioli & tomato sauce	22.5
Cajun Chicken Open Sandwich (DF, GFA) FR chicken, FR bacon, lettuce, tomato, red onion, side of chips w homemade aioli & tomato sauce	22.5
Beef Nachos (GF) w GF corn chips, beef mince w seasonal herbs and spices, cheese, sour cream, homemade salsa	19
Fish & Chips w side salad, homemade aioli, tomato sauce, lemon	23
Sticky Fingers Burger (GFA) w beef patty OR FR chicken, w FR bacon, lettuce, tomato, red onion, cheese, side of chips	23
Loaded Wedges w FR bacon, melted cheese, sour cream, homemade salsa	16.5
Calamari Rings (DF) w side of chips, salad garnish, homemade aioli & tomato sauce	14
Chips (GF, DF, V, Vegan-option) w homemade aioli and tomato sauce	8

SIDES

Ciabatta toast (DF)	3.5	Creamy mushrooms (GF, DFA, Vegan-option)	6.5
Multigrain toast (DF)		House-smoked salmon (GF, DF)	8
GF toast (GF, DF)		FR chicken (GF, DF)	
FR egg (GF, DF)			
Grilled tomato (half)		FR bacon (GF, DF)	6
Halloumi (GF)	5	Hash cake (GF, homemade)	5.5
Chorizo sausage (DF)		homemade hollandaise /homemade salsa (GF)	2
Avocado (GF, DF, Vegan)		tomato sauce / jam / homemade aioli	1
Spinach (GF, DF, Vegan)			
Side salad (GF, DF, Vegan)			
Bagel			

*GF - Gluten Free, GFA - Gluten Free Option Available, DF - Dairy Free, DFA - Dairy Free Option Available, V - Vegetarian, VA - Vegetarian Option Available, FR - Free Range, EF - Egg Free

STICKY FINGERS DRINKS

Coffee & Hot Drinks

(Soy milk, Decaf + \$ 0.5 / Extra shot +\$0.8 / Bowl +\$1 / Almond milk, Coconut milk, Rice milk, Syrups + \$0.8)

	small	medium	large
Black	3.5	4	4.5
White	4	4.5	5
Mocha	4.5	5	5.5
Chai Latte (<i>Sweet or Spicy</i>)	4.5	5	5.5
Hot Chocolate	4	4.5	5
Fluffy	2		

Caffeine Free Lattes

(GF, DF, Vegan, Superfood)

Turmeric (*ultimate energy booster*)

Green Matcha (*super antioxidant*)

Charcoal (*powerful toxins cleanser*)

Iced Drinks (GF, DFA)

Iced Coffee	6.5
Iced Chocolate	6.5
Iced Mocha	7
Iced Americano	5
Iced Latte (<i>vanilla / caramel shot +\$0.8</i>)	5.5

Iced Teas (GF, DF)

Lemon / Peach / Mango / Raspberry

Milkshakes

Chocolate	7.5
Caramel	
Banana	
Strawberry	

Superfood Smoothies

(Real Fruit, No Added Sugar, House Recipes)

Acai (GF, DF) 9.5

organic acai berry powder, strawberry, blueberry, raspberry, banana, coconut milk, raw honey

Bye-Bye Belly Berry (GF, DF) 9.5

blueberries, strawberries, raspberries, goji, raw honey, banana, apple juice

Energy Boost (GF, DF) 9.5

oranges, strawberries, raspberries, raw honey, chia seeds, orange juice, coconut oil

Banana (GF, DF, Vegan) 7.5

banana, coconut milk

Teas

English Breakfast

Earl Grey

Green

Fruit

Peppermint

4.5

Juice

Orange

Apple

Guava, Apple

Mango, Apple, Orange

5

Water

Still / Sparkling

4.5

Fizzy Drinks

Coke / Coke Zero / Sprite / Fanta / L&P / Ginger Beer / Lemonade

4.5

